Cyber Glow

Count: 64 **Wall:** 2 **Level:** Advanced
Choreographer: Fred Whitehouse (IRE) & Shane McKeever (IRE) - April 2026
Music: 24K Gold - Malou Prytz

Intro: 6 Counts, Start at approx 3 secs
Note: Start facing 1:30

Tag
SEC 1 Step, Hold, Step, ½ Pivot, ½ Back Sweep, Behind, ⅛, Side
1-2 Step right forward, hold (1:30)
3-4 Step left forward, pivot ½ right transferring weight onto right (7:30)
5-6 Turn ½ right step left back sweeping right from front to back over 2 counts (1:30)
7-8 Step right behind left, turn ⅛ left step left to left (12:00)

SEC 2 Cross, Hold, Side Rock Cross, Hold, ¼ Back, ½ Step
1-2 Cross right over left, hold
3-4 Rock left to left, recover weight on to right
5-6 Cross left over right, hold
7-8 Turn ¼ left step right back, turn ½ left step left forward (3:00)

SEC 3 ¼ Side, Hold, Back Rock, Side, Hold, ⅛ Coaster Step
1-2 Turn ¼ left step right to right, hold (12:00)
3-4 Rock left back, recover weight on to right
5-6 Step left to left, hold
7-8-1 Turn ⅛ right step right back, step left beside right, step right forward (1:30)

SEC 4 Hold, Step, Hold, Step, ½ Pivot, Step, ½ Pivot
2-3 Hold, step left forward
4-5-6 Hold, step right forward, pivot ½ left transferring weight onto left (7:30)
7-8 Step right forward, pivot ½ left transferring weight onto left (1:30)

SEC 5 Step, Hold, Step, ½ Pivot, ½ Back Sweep, Behind, ⅛, Side
1-2 Step right forward, hold
3-4 Step left forward, pivot ½ right transferring weight onto right (7:30)
5-6 Turn ½ right step left back sweeping right from front to back (1:30)
7-8 Step right behind left, turn ⅛ left step left to left (12:00)

SEC 6 Cross, Hold, Side Rock Cross, Hold, ¼ Back, ½ Step
1-2 Cross right over left, hold
3-4 Rock left to left, recover weight on to right
5-6 Cross left over right, hold
7-8 Turn ¼ left step right back, turn ½ left step left forward (3:00)

SEC 7 ¼ Side, Hold, Back Rock, Side, Hold, ⅛ Coaster Step
1-2 Turn ¼ left step right to right, hold (12:00)
3-4 Rock left back, recover weight on to right
5-6 Step left to left, hold
7-8-1 Turn ⅛ right step right back, step left beside right, step right forward (1:30)

SEC 8 Hold, Step, Hold, Step, ½ Pivot, Step, ½ Pivot
2-3 Hold, step left forward

4-5-6 Hold, step right forward, pivot ½ left transferring weight onto left (7:30)
7-8 Step right forward, pivot ½ left transferring weight onto left (1:30)

SEC 9 Press
1-2-3-4 Press right forward
Arms: Raise arms forward and up over 3 counts palms in, roll wrists to palms out

Main Dance
SEC 1 ⅛ Hip Bump, Back Pop, Step Lock Step, Step, ¼ Pivot, ⅛ Side Rock Cross
1-2-3 Turn ⅛ right touch right forward bumping right hip forward, bump right hip forward
3 Step right back popping left knee forward
4&5 Step left forward, lock right behind left, step left forward
6-7 Step right forward, pivot ¼ left transferring weight onto left rolling hips anticlockwise (10:30)
8&1 Turn ⅛ left rock right to right, recover weight on to left, cross right over left (9:00)

SEC 2 Hold, Side, Behind, Hold, Together, Point Switches, Coaster Step
2&3 Hold, step left to left, step right behind left
4 Hold
&5 Step left beside right, point right to right
&6 Step right beside left, point left to left
&7 Step left beside right, point right to right
8&1 Step right back, step left beside right, step right forward

SEC 3 Step, ½ Pivot, ½ Lock Step, Back Rock, ½ Back, ¼ Side
2-3 Step left forward, pivot ½ right transferring weight onto right (3:00)
4&5 Turn ½ right step left back, lock right behind left, step left back (9:00)
6-7 Rock right back, recover weight on to left
8-1 Turn ½ left step right back, turn ¼ left step left to left (12:00)

SEC 4 Hold, Together, Side, Hold, Together, Hip Bumps, Touch Back, ½ Unwind
2&3-4 Hold, step right beside left, step left to left, hold
&5-6-7 Step right beside left, step left to left bumping left to left, bump hips right, bump hips left
8-1 Touch right back, turn ½ right transferring weight onto right (6:00)

SEC 5 Rock, Sweep, Behind, Side, ⅛ Step, Step, Mambo Step
2-3 Rock left forward, recover weight on to right sweeping left from front to back
4&5 Step left behind right, step right to right, turn ⅛ right step left forward (7:30)
6-7 Step right forward, step left forward
8& Rock right forward, recover weight on to left

SEC 6 Batucadas, Sit, Step Flick
1-2& Step right back pressing left forward, recover weight on to right, step left behind right
3-4& Press right forward, recover weight on to left, step left behind right
5&a Press left forward, recover weight on to right, step left behind right
6&a Press right forward, recover weight on to left, step right behind left
7-8 Touch left forward sitting into right hip, step left forward flick right back

Restart Here on Wall 2

SEC 7 Step, Rock, ⅜ Side Shuffle, Step, ½ Pivot, Step Lock Step
1-2-3 Step right forward, rock left forward, recover weight on to right
4&5 Turn ¼ left step left to left, step right beside left, turn ⅛ left step left forward (3:00)
6-7 Step right forward, pivot ½ left transferring weight onto left (9:00)
8&1 Step right forward, lock left behind right, step right forward

SEC 8 ⅛ Drag, Step, ¼ Drag, Rocking Chair

2	Turn ⅛ right drag left beside right (10:30)
3-4	Step left forward, turn ¼ left drag right beside left (7:30)
5-6	Rock right forward, recover weight on to left
7	Rock right back

Bridge Here on Wall 1, Dance the following then add count 64 and restart the dance

1-2	Circle right arm from back to front over 2 counts
8	Recover weight on to left

Tag At the end of Wall 3

Step, Hold, Step, ½ Pivot, ½ Back Sweep, Behind, ⅛, Side

1-2	Step right forward, hold
3-4	Step left forward, pivot ½ right transferring weight onto right
5-6	Turn ½ right step left back sweeping right from front to back over 2 counts
7-8	Step right behind left, turn ⅛ left step left to left

Cross, Hold, Side Rock Cross, Hold, ¼ Back, ½ Step

1-2	Cross right over left, hold
3-4	Rock left to left, recover weight on to right
5-6	Cross left over right, hold
7-8	Turn ¼ left step right back, turn ½ left step left forward

⅛ Step, ¼ Pivot, Step, ¼ Pivot, Step, Step, Press, Hold

1-2	Turn ⅛ left step right forward, pivot ¼ left transferring weight onto left
3-4	Step right forward, pivot ¼ left transferring weight onto left
5-6	Step right forward, step left forward

Styling: Shimmy shoulders over 2 counts

7-8	Press right forward, raise both hands above head

Ending: On count 48 of wall 4 turn body a ¼ R as you step back and look over the R shoulder towards 12:00
